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What Is Life?

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QUESTIONS TO PONDER

Daily Review:

1. What brought me joy today?
2. What is the source of my frustrations?
3. What has brought me hope, love, fear or hurt today?

Life Review:

1. What are the deeper longings of my heart?
2. Where am I seeking life?
3. What do I worship?
4. Is there anything I need to repent of today that is a substitute for my life in Jesus?

If so, name those issues specifically before God in prayer, laying each one down at His feet and releasing them into His hands. Then thank God for those things, for through those issues the Father is reminding us through His Spirit that Jesus is life. Those idols become redeemed when we see them for what they are and repent or turn away from them to the One who is life, Jesus.

“Or do you not know that all of us who have been baptized into Christ Jesus have been baptized into His death? Therefore, we have been buried with Him through baptism into death, in order that as Christ was raised from the dead through the glory of the Father, so we too may walk in newness of life.” Romans 6:3-4